

## PATIENT TESTIMONIAL

How did you find out about Chiropractic Care?

Through a massage therapist.

What were your health problems?

Lower back, sciatica,

Did these problems interfere with your daily routine? How?

Yes, could barely walk at one point.

How long before you noticed improvement?

Days, now sometimes immediate.

Did you notice any other positive changes in your health?

Yes, ~~trying~~ helping to reduce overall stress,

Would you recommend Chiropractic Care to others?

Absolutely, for everyone

Comments:

Don't wait till you can't move,  
make it ~~are~~ chiropractic a regular part  
of your daily life.